

# WEforum Health & Wellness Conference

## LECTURE TOPICS INCLUDE\*:

- Meditation & The Power of Positive Thinking
- Best Non-Surgical Options for Looking Youthful
- How Toxic is your home?
- Food Politics, Big Business
- End of Life Management: Caring for our Parents
- And many more lectures!

## VENDOR FAIR FEATURING:

- Local medical practices, businesses & healthcare facilities in fitness, food, cosmetics and wellness fields
- Products for mind, body and soul
- Free giveaways & raffles

## ADMISSION:

- \$99 Early bird special (by March 15th)
- \$125 Regular Admission

## PROCEEDS:

- Proceeds from the conference will support free educational health and wellness programs and services developed by Monmouth Medical Center to make vital health care information accessible to the entire community.

■ ■ **Monmouth Medical Center**  
■ ■ **Barnabas Health**

presents



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**April 20, 2016**

**Ocean Place Resort & Spa**  
**One Ocean Blvd.**  
**Long Branch, NJ 07740**

For sponsorship & vendor opportunities, please contact Davina Feingold at 732.923.7521 or [dafeingold@barnabashealth.org](mailto:dafeingold@barnabashealth.org).

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When you educate a woman,  
she empowers her family,  
and together WE can evolve a community.

# Save the date

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